



Name: _____

Date: _____



IT'S A RECORD!

Have you ever heard someone say, “You sound like a broken record”? What does that mean? They’re probably talking about an old-fashioned music record—the kind your parents or grandparents may have listened to on a record player or stereo. Sometimes broken or scratched records would repeat the same sounds over and over.

What other kind of record can be broken? Have you ever heard of Guinness World Records? What is it? Explain:

All of us have a record inside of us! Answer these questions to see which records you’ve already set or broken.

My highest grade: _____

(Example: I earned my first B+ in English Language Arts!)

The nicest thing I’ve done for someone:

(Example: I walked my sick neighbor’s dog three times in one week!)

A game or sport I did the best in:

(Example: In my last soccer game, I made two goals!)

Do not try to set or break a record on your own. If you want to try to break a personal record, like getting your highest grade ever or brushing and flossing your teeth for as many nights in a row as possible, talk with a parent or guardian first and follow their guidelines.

